

DCP 101 : HUMAN GROWTH & DEVELOPMENT

DATE: SEPTEMBER -DECEMBER 2024

CAT (15 Marks)

Instructions:

1. Answer all questions.
2. Be concise and clear in your responses.
3. Support your answers with relevant examples where applicable.
4. Each question has a specific mark allocation, so ensure your answers reflect the appropriate depth of knowledge.
5. Deadline is on **31st September 2024**

Question One

Read the Case Study below carefully and answer the questions that follow:

Emily is a 5-year-old girl who has recently started kindergarten. Her parents are concerned about her developmental progress, particularly in terms of her physical, cognitive, and social abilities. They notice that Emily has some difficulty with fine motor skills, such as writing and cutting with scissors, and she seems to struggle with social interactions, especially in group settings. Additionally, her cognitive development appears to be slightly behind that of her peers, as she often has trouble understanding basic instructions and concepts introduced in class.

Questions

- a. Define the following terms related to human growth and development(3 Marks)
 - i. Developmental Milestones
 - ii. Cognitive Development
 - iii. Social Development.

- b. Explain the importance of the above terms in understanding Emily's developmental stage and her current challenges. (3 Marks)
- c. Discuss the relationship between growth and development in the context of Emily's physical, cognitive, and social development. (3 Marks)
- d. How do the above concepts differ, and how are they interrelated in Emily's case? Provide specific examples based on her challenges. (2 Marks)
- e. Describe the main principles of growth and development relevant to early childhood, such as "individual differences," "continuity and discontinuity," and "sensitive periods." (3 Marks)
- f. Apply these principles to understand Emily's developmental issues. How can these principles help in designing strategies to support her development? Provide practical examples. (2 Marks)